

Resources

- Lesson 2 PowerPoint slides
- Coloured paper, scissors, petal template, colouring materials
- Class display board

Learning activity

- Do we all need the same things to grow and thrive?

Curriculum Area

- Health and Wellbeing. Literacy and English.

Learning intentions

- I understand that all people are different and that's a good thing
- Everyone learns in their own way and dyslexia is an example of this
- I am learning to show the things that help me learn and feel good.

Success criteria

- I can say that different plants and different people need different things.
- I can say that dyslexia means a person's brain learns differently, and that this has nothing to do with how clever they are.
- I can name one thing that helps me feel good or learn well.
- I can add my petal or flower to our class display.

Opportunities for discussion and reflection

- Does Little Flower need the same things as Dandelion and Daisy?
- What if we were all the same?
- What if red was the only colour? Would that be helpful/unhelpful?
- What if we were only allowed to play one game? Would that be fun?
- What if there was only one type of food?
- What if everyone had to learn in the same way?
- What are our differences that make things more interesting, healthier and help us to solve problems together?

Opportunities for assessment

- Observation
- Discussion
- Self-reflection
- Peer feedback
- Exit ticket

Lesson plan

Context

Dyslexia Awareness Week Scotland is an annual campaign to increase understanding of dyslexia and how it affects people. The national week is led by charity Dyslexia Scotland.

This lesson is lesson two of two. The two lessons explore dyslexia, hidden differences and the idea that everyone's brains work differently. From this, learners will think about what enables them to learn effectively.

PowerPoint list of contents

- Learning intention
- 'Becoming Wise for my Size' poster
- Wisery definitions
- Do we all need the same to grow and thrive?
- What would happen if we were all the same?
- What if...?
- What helps me learn and thrive?
- We reflect
- 'Wise for My Size' Nominations
- Extension ideas (optional)

Activity

1. 'Becoming Wise for my Size' (slides 3-6)

Reshare the Wise for my Size Poster and recap the 'Becoming Wise for my Size' nomination process for this lesson.

Use the 'Wisery' definitions on slides 4 - 6 and discuss each phrase as a class.

2. Share pictures of Little Flower, Dandelion and Daisy (slide 7)

Did all the flowers need the same things? What might each one need to grow? Little Flower didn't need to be fixed – just the right conditions to grow.

3. Movement session – what does it feel like to grow?

Learners move like the different plants growing - stretching up for sun, curling up their roots in the wet soil, tucking up tight when too hot, stretching their roots (legs and feet) into the soil to soak up the water, swaying in the breeze, relaxing in the shade, growing as tall as they can.

4. What if...? (slides 8 - 10)

What if there were only one type of plant? Draw out differences that make things more interesting, healthier and help us solve problems.

What if red was the only colour? Would that be helpful/unhelpful? What might we miss?

What if we were only allowed to play one game? Would that be fun?

What if there was only one type of food?

What if everyone had to learn in the same way?

5. Our Garden of Growing and Thriving (slide 11)

What helps me learn and thrive? Each learner cuts out a petal shape and writes or draws one thing on the petal that helps them learn and feel good. (PowerPoint has ideas to support this). Add all the petals to a variety of paper stalks to make flowers. Alternatively, learners can make their own flower with multiple petals for a larger display.

Display the flowers together as a garden with the caption: "We all learn and think differently, but that's what helps us bloom."

6. Plenary – We Reflect (slide 12):

Ask learners to share their petal ideas.

Celebrate the difference and diversity in everyone's ideas.

7. Close with nominations: who has been 'Wise for their Size' today? (slide 13)

Sharing your success

Learners can send their reflections on the lesson to Dyslexia Scotland at:

dyslexiascotland.org.uk/tell-your-story

Educators can share a reflection on the lesson at:

dyslexiascotland.org.uk/be-a-changemaker