

Resources

- Lesson 1 PowerPoint slides
- Story – ‘Cass and the Little Flower’ PDF

Learning activity

- To understand ourselves and to help us understand others

Curriculum Area

- Health and Wellbeing.
- Literacy and English.

Learning intentions

- I can identify what makes me feel proud, brave, kind and able to try
- I understand that everyone needs different things to grow
- I know that some things about people are hidden and that dyslexia is one example of this.

Success criteria

- I can say one thing that makes me feel proud, brave, kind or able to try
- I can talk about how the story made me feel
- I can think about how a character might feel
- I can say that some things about people are hidden, like dyslexia.

Opportunities for discussion and reflection

- How did the story make you feel?
- What did you like / dislike about the story?
- What could the story teach you? How could that help you?
- What does it feel like to walk in the different characters’ shoes?

Opportunities for assessment

- Observation
- Discussion
- Self-reflection
- Peer feedback
- Exit ticket

Lesson plan

Context

Dyslexia Awareness Week Scotland is an annual campaign to increase understanding of dyslexia and how it affects people. The national week is led by Dyslexia Scotland.

This lesson is lesson one of two. The two lessons explore dyslexia, hidden differences and the idea that everyone's brains work differently. From this, learners will think about what enables them to learn effectively.

PowerPoint contents:

- Learning intention
- 'Becoming Wise for my Size' poster
- Wisery definitions
- 'Cass and the Little Flower' Story
- 'Reflection' and 'Walk in their shoes' questions
- We reflect
- Extension ideas (optional)

Activity

1. Share the 'Becoming Wise for my Size' poster and discuss Wisery definitions (slides 3 - 7).

The poster is a coaching tool to create a curious and empathetic ethos in the classroom while learners explore and experiment. Discuss the phrases and ask for examples. Use the Wisery definitions to build shared understanding and discuss each phrase as a class.

Encourage children to notice moments when they are behaving in a 'Wise for my Size' way. Explain that, at the end of the lesson, they will be asked to nominate a fellow learner who they feel is becoming 'Wise for my Size'.

2. 'Cass and the Little Flower' story (slides 8 - 16)

Share the story using the PowerPoint illustrations. Pause often to talk about the pictures. Use the reflection questions on slide 16 to discuss. How did the story make you feel? What did you like/not like about Cass, Little Flower, the other flowers? Does the story remind you of something you have experienced?

3. 'Walk in their shoes' (slides 17 - 19)

Hot Seat the main characters from the story (drama activity) using the slides as a whole class or in groups, to help pupils see other people's perspectives and build empathy.

This activity works well delivered in whichever way suits your class:

- Teacher models each character first, so pupils see how it's done. Can use puppets to help with this too.
- An older pupil or buddy class visits to help act out the characters.
- A confident pupil (or pair of pupils) leads their character for the group.

All three work well, so choose whatever fits your class on the day.

4. Hidden differences/What could Cass see? (slides 20 -21)

Explore 'What could Cass see and what was hidden? What if Little Flower was a child? What might we notice in our class? Do all learners need the same things to learn and feel happy? Why not?'

5. Plenary - We Reflect (slide 22):

What has today's session taught me?

How could that help me and others?

Some differences are easy to see, some are hidden. Hidden means we cannot see them, but they are still important.

Things we might see: glasses, a hearing aid, using your left hand, moving in a different way. Or using something to help you learn.

Things we might not see: feeling hungry, worried or tired: having a sore head, finding lights too bright; needing more time to think; or being dyslexic. A learner with dyslexia may need more time to listen, think, read and write. Pictures can help. This is okay. We all learn in different ways.

Little Flower was not naughty or wrong: Little Flower just needed help. Everyone can grow and learn when they get the help they need.

6. Close with nominations: who has been 'Wise for their Size' today? (slide 23)

Sharing your success:

Learners can send their reflections on the lesson to Dyslexia Scotland at:
dyslexiascotland.org.uk/tell-your-story

Educators can share a reflection on the lesson at:
dyslexiascotland.org.uk/be-a-changemaker