

Curriculum Links

Curriculum Areas	Health & Wellbeing · Literacy & English
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HEALTH & WELLBEING

HWB 1-01a/2-01a/3-01a	I am aware of and able to express my feelings and am developing the ability to talk about them.
HWB 1-03a/2-03a/3-03a	I understand that there are people I can talk to and that there are a number of ways in which I can gain access to practical and emotional support to help me and others in a range of circumstances.
HWB 1-04a/2-04a/3-04a	I understand that my feelings and reactions can change depending upon what is happening within and around me. This helps me to understand my own behaviour and the way others behave.
HWB 1-05a/2-05a/3-05a	I know that friendship, caring, sharing, fairness, equality and love are important in building positive relationships. As I develop and value relationships, I care and show respect for myself and others.
HWB 1-06a/2-06a/3-06a	I understand the importance of mental wellbeing and that this can be fostered and strengthened through personal coping skills and positive relationships. I know that it is not always possible to enjoy good mental health and that if this happens there is support available.

LITERACY & ENGLISH

LIT 1-01a/2-01a	I regularly select and listen to or watch texts which I enjoy and find interesting, and I can explain why I prefer certain sources.
Understanding, Analysing & Evaluating	Making personal connections; talking about characters; responding to a story.

TALKING AND LISTENING

LIT 3-02a	When I engage with others, I can make a relevant contribution, encourage others to contribute and acknowledge that they have the right to hold a different opinion. I can respond in ways appropriate to my role and use contributions to reflect on, clarify or adapt thinking.
LIT 3-09a	When listening and talking with others for different purposes, I can: communicate information, ideas or opinions; explain processes, concepts or ideas; identify issues raised, summarise findings or draw conclusions.