

Writing about yourself can be an intimidating process if words don't come naturally and you lack confidence in yourself. Young dyslexic learners benefit from strategies for bridging the gap to writing their first CV. By breaking the process down into more tangible activities, young people can approach the task with more confidence.

Providing a model to learn from

The activities in Section 1 lay the groundwork for CV building. Invite learners to use the materials they produced for those exercises as a source of information about themselves. For example, they can sort their strength cards into piles based on each CV section. Using all the information they have about their selves and strengths, learners can begin to consolidate their positive attributes on paper.

Show them the WAGOLL CV (What a good One Looks Like) as a model to work to. Dyslexic learners tend to be non-linear thinkers, so they're not likely to be able to sequence their information chronologically at first. One approach is to use post-its for each new piece of information as it emerges, then sort them into the best order before committing to a real draft. Then, using the template provided, or other accessible templates you have, you can support the learner to put together a typed version of their CV. The following resources provide a paced process towards CV making:

- WAGOLL CV
- Mind map or brainstorm template
- Word document templates



Some young learners may not have heard the term 'CV' before. Take a moment to explain what these letters stand for and what a CV is. You can use the WAGOLL over the page to illustrate.

Jo Blogs

1 Hill Street, Anytown 012345 67891 jo.blogs@email.com

Friendly, trustworthy and hardworking individual with excellent communication skills. Currently seeking an entry level role with an organisation that makes a positive difference to nature and the environment.

Main strengths

- Very good people skills
- Friendly and approachable
- Excellent IT skills: film-making, podcasting and poster design
- Great team player
- Natural problem solver
- Creative

Main Achievements

- Duke of Edinburgh Award
- Gold Arts Award
- John Muir Award

Academic Qualifications

- National 4 Mathematics
- National 5 Music
- NC Digital Media

Training Highlights

- First Aid
- Fire Safety
- Food Hygiene
- Manual Handling

Work Experience

Volunteer Assistant, Pet Shelter, July 2020-August 2020

Pet Shelter is a local charity that takes care of lost and stray animals and helps to unite them with loving homes. I volunteered as an assistant during my school holidays as part of my Duke of Edinburgh award. I helped other volunteers clean the animals' enclosures and assisted my supervisor with taking animals to the vets for check-ups. I learned a lot about working as part of a team, taking responsibility for caring for animals and how to plan and organise my work.

Young Leader, Newtown Youth Club

As part of my Gold Arts Award, I had to lead an art workshop in my community. I worked with the Youth Worker at Newtown Youth Club to plan a project about climate change for the Primary 6/7 group. Over three sessions, I taught them to make photo montage posters about environmental issues they cared about. At the end of the term, I organised the poster display for the parents' night. The Youth Worker said that she saw my confidence and organisational skills improve through doing the project, and that the younger people had learned new skills from me.

Personal and Life Experience

I'm passionate about nature. I enjoy being outside hill walking and visiting the beach near my house. I'm learning photography and plan to start my own website and social media pages with photographs of Scottish wildlife and scenery. This is helping me develop more skills for work.

References: Available on request

My character strengths and main work interests



Main strengths

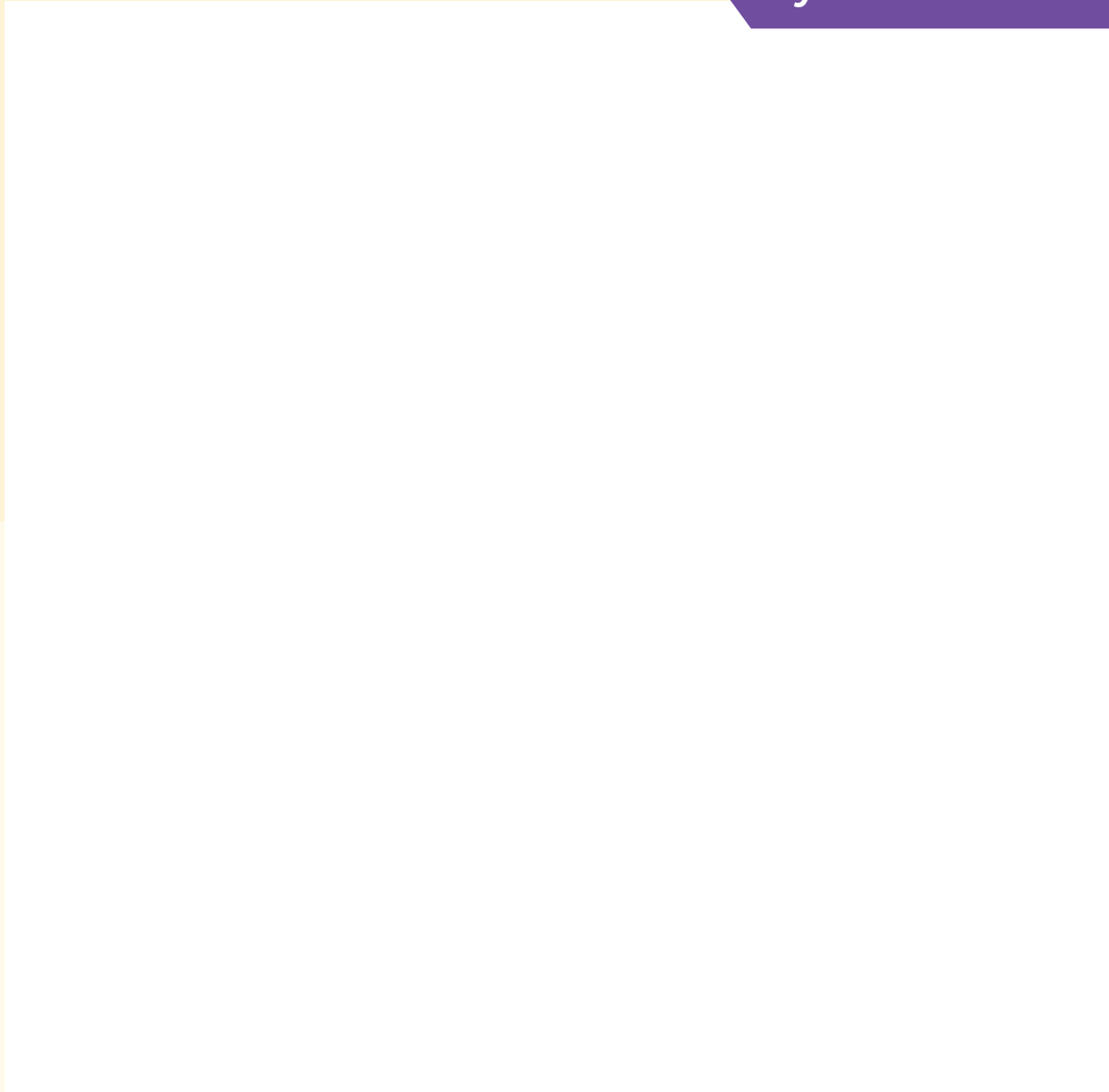


Achievements, qualifications, youth awards, certificates and training



Work and volunteering experiences

My CV Brainstorm Page

A large, empty white rectangular box intended for users to brainstorm and list their work and volunteering experiences. The box is positioned in the upper half of the page, below the 'Work and volunteering experiences' header.

Life experiences, hobbies and interests

A large, empty white rectangular box intended for users to brainstorm and list their life experiences, hobbies, and interests. The box is positioned in the lower half of the page, below the 'Life experiences, hobbies and interests' header.