

Further reading

The following books have been popular among people who have borrowed from our Resource Centre. Our Resource Centre Volunteer Gemma has written a description of some of them. Books are free for our members to borrow. Please email resourcecentre@dyslexiascotland.org.uk if you'd like more information. To find out about joining Dyslexia Scotland, click [here](#). For any other enquiries please email info@dyslexiascotland.org.uk

Please note that Dyslexia Scotland cannot recommend or endorse any particular products.

For parents

Defeat Dyslexia! The Parents' Guide to Understanding Your Child's Dyslexia by Holly Swinton And Nicola Martin

A simply written, easy to navigate book. With chapters on all the different components that make up dyslexia, this is a useful book for both parents and school aged children. It's also written in a dyslexia-friendly font, which should make it easier to read!

Dyslexia: A Parent's Survival Guide by Christine Ostler

This book has been around for a long time, but with good reason. Having been written by a mother of a dyslexic child who is also trained to teach dyslexic children, the book is very compact and yet covers a lot of ground, with chapters on reading, spelling, maths, study skills, choosing schools, organisation, homework and hobbies.

Help! My Child Has Dyslexia by Judy Hornigold

This book has the distinction of being written by a teacher who is also a parent to a child who has dyslexia. It contains information on what dyslexia is, how to tell if a child has it, what parents can do to help their dyslexic children, learning styles, multi-sensory learning, teaching reading and spelling and games.

Dyslexia: A Beginner's Guide by Nicola Brunswick

Overcoming Dyslexia: A Straightforward Guide for Families and Teachers by Beve Hornsby

Dyslexia: A Parent's Guide by Maria Chivers
The Everything Parent's Guide to Children with Dyslexia: All you need to ensure your child's success by Jody Swarbrick
Taking the Hell out of Homework by Neil Mackay
Dyslexia: A Complete Guide for Parents and Those Who Help Them by Dr. Gavin Reid

For Children and Young People

<p>Tom's Special Talent by Kate Gaynor</p> <p>This book focuses on a little boy named Tom who discovers he has a talent for drawing despite having dyslexia. A picture book ideal for paired reading. Aimed at children between 4 and 8.</p>
<p>It's Called Dyslexia by Jennifer Moore-Mallinos</p> <p>This story introduces Sarah, a little girl who has dyslexia and a talent for writing poetry. A picture book ideal for paired reading. Aimed at children between 4 and 8.</p>
<p>Can I Tell you About Dyslexia? by Alan M Hultquist</p> <p>In this book, readers meet Zoe, a girl who wants to tell them all about dyslexia and how she can be helped to fulfil her potential. Suitable for ages 7 and over. Contains black and white illustrations.</p>
<p>Dyslexia Explained by Nesy</p> <p>This book stands out as it attempts to explain dyslexia to young children in a simple way, with bright illustrations and easy language. Summary pages are included and dyslexia friendly font is used. Chapters include understanding dyslexia, types of dyslexia, what people with dyslexia are good at, dyslexic difficulties, helpful strategies and Nesy, which is a company that makes reading and spelling programmes.</p>
<p>So, you think you've got problems? by Rosalind Birkett (brilliant book, easy to read, understand and very positive)</p>
<p>Dyslexia - Talking it Through by Althea</p>
<p>Brian has dyslexia by Jenny Leigh</p>
<p>My Little Brother * by Chieko Tateno</p>

For Teenagers

Dyslexia: A Teenager's Guide by Dr. Sylvia Moody

This title, while comprehensive and easy to read, has not been updated since 2004. A great starting point for teens who have dyslexia, but information regarding resources, particularly ICT, will be outdated. Don't be put off by how daunting it might be dealing with something that appears text-heavy, it really is a useful read, which is helped by the clear chapter headings and the inclusion of chapter summaries.

The Self-Help Guide for Teens with Dyslexia by Alais Winton

Another very straightforward read, which has the advantage of being more current (it was published in 2015). It's particularly good for teens who want to be proactive about managing dyslexia, and is written with them in mind (it has a dyslexia friendly font). Again, don't be disheartened should the book look text-heavy to you, it's another great read!

The Dyslexia Pocketbook by Julie Bennett - this is very popular with young people as it is bite size pieces of information

The Teenage Guide to Stress by Nicola Morgan

For Adults

Making Dyslexia Work for You: A Self Help Guide by Vicki Goodwin and Bonita Thomson

While the font and layout aren't great, there is a CD Rom which is included, meaning that the book can be read aloud via readback software.

Dyslexia: How to Survive and Succeed at Work by Dr Sylvia Moody

Although this appears very wordy, it is also very comprehensive. The book contains sections on what dyslexia is, how to succeed at work, reading, writing, speaking, listening and emotions, as well as a section relating to employers and employees. Although chapter 12 (concerning the Disability Discrimination Act) is now outdated, there is plenty other relevant information, and even special sections with tips in them.

Dyslexia in the Workplace: An Introductory Guide by Diana Bartlett, Sylvia Moody and Katherine Kindersley

For teachers

The Dyslexia Pocketbook by Julie Bennet

This is a fantastic book, particularly for teachers who are getting to grips with dyslexia. With sections on what is dyslexia, multi-sensory learning, teaching tips and current approaches. It covers lots of bases in a clear manner that is easy to digest because it's so compact.

100 Ideas for Primary/Secondary Teachers for Supporting Children with Dyslexia by Gavin Reid and Shannon Green

There are separate editions of this book for primary and secondary teachers, but they both do the same thing. Depending on the stage you are focussing on, the book will lay out 100 ideas for either primary or secondary aged children to aid their learning. Notable for their simple layout, these books are great both for discovering new teaching methodologies and revisiting old ones to help pupils with dyslexia.

The Little Book of Dyslexia by Joe Beech

A truly unique book in that it's the only one out there written by a teacher with dyslexia. As you would expect, it covers both strategies to help people who have dyslexia and teachers who will encounter people who have dyslexia.

Dyslexia: A Practitioner's Handbook by Gavin Reid

For the teacher who wants the most comprehensive guide to dyslexia that is possible in one book. Very bulky and theoretical, but I think most teachers would learn something from reading at least part of it.

Supporting Students with Dyslexia in Secondary Schools by Moira Thomson

Maths for the Dyslexic: a Practical Guide by Anne Henderson

Mathematics, Learning Difficulties, Dyslexia and Dyscalculia by Steve Chinn

Study skills and Further Education

Study Skills: A Pupil's Survival Guide by Christine Ostler

This is aimed at secondary students. It stands out because it's very clearly been laid out and written in a way where the primary aim is the learner being able to take ownership of their own learning, with words of encouragement along the way.

Studying with Dyslexia by Janet Godwin

This book is aimed very much at university students. A compact and clear guide to studying at this level, which is for the most part well laid out (the contents page being the exception – please don't be put off by this!).

Dyslexia: Surviving and Succeeding at College by Sylvia Moody

Study Skills for Students with Dyslexia (SAGE Study Skills Series) by Sandra Hargreaves

Dyslexia-Friendly Further & Higher Education B Pavey, M Meehan & A Waugh

The Study Skills Handbook by Stella Cottrell

Visual and other

Reading Through Colour by Arnold Wilkins

Dyslexia and Vision by Bruce J. W. Evans

Dyslexia: A Practitioner's Handbook (4th Edition) by Dr. Gavin Reid

The Dyslexia Adult in a non-Dyslexia Adult World by Morgan & Klein

Dyslexia in the Digital Age: Making IT Work by Ian Smythe

Updated December 2016