



Any queries, please contact:

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<http://www.dyslexiascotland.org.uk/our-adult-networks>

Meeting Schedule for 2018

Date	Venue	Topic
Saturday 17 February (11am – 4:15pm)	Dyslexia Scotland, Wallace House, 17-21 Maxwell Place, Stirling, FK8 1JU	Making Sense of Dyslexia
Saturday 2 June (11am – 4:15pm)	Volunteer Scotland, Jubilee House, Forthside Way, Stirling FK8 1QZ	All Adult Networks meeting
Saturday 1 September (11am – 4:15pm)	Dyslexia Scotland, Wallace House, 17-21 Maxwell Place, Stirling, FK8 1JU	Changing Unhelpful Dyslexia Habits – same you, different style
Saturday 1 December (11am – 4:15pm)	Dyslexia Scotland, Wallace House, 17-21 Maxwell Place, Stirling, FK8 1JU	Dyslexia Self-care (mindfulness, laughter yoga and support strategies)